



**COMPETITION
INFORMATION
2026-2027**

Competitive Teams at Fantastic Gymnastics

Competitive Teams are available to a select group of athletes, ages five and up, who demonstrate strong skill proficiency, potential for growth, and a passion for performing in a competitive setting. Our Competition Team is made up of gymnasts who LOVE the sport and are eager to work hard, improve, and perfect their skills through consistent training and competition.

Key Dates and Deadlines:

- **Registration for Competition Team:** Opens in June and is due by **July 15th**
- **Evaluations:**
- Gymnasts enrolled in summer classes will be automatically evaluated during class (July 6-10) - no additional evaluation is required.
- Gymnasts **NOT** enrolled in summer classes must schedule an evaluation during July 6-10 at either the Beatrice or Adams location. Please NOTE: A 20.00 evaluation fee will be applied.

Season Dates:

Competition classes will run from **August 4th, 2026 through May 14th, 2027.**

Fall and Winter Practice Structure:

Please note: The schedule structure and class times/lengths are subject to slight changes. Athletes will practice **2 times per week**, with an optional third practice day available. Final practice days & times for the August-May season will be announced by **8:00 PM on July 17th.**

- **Level 1:** 1.5 hours, 2x/week
- **Level 2-3:** 2 hours, 2x/week
- **Level 4 & NO-AO:** 2-2.5 hours, 2x/week

Additional Info:

- Attendance is **required the week prior to each meet.**
- Practice times may be adjusted in January depending on schedules.
- Regular practice days are **Monday-Thursday (3:45-9:00 PM) & Friday (4:00-8:00 PM).**
- **Saturday and Sunday practices are TBD.**
- If your athlete is unable to attend a scheduled practice, please notify a coach in advance.

Gymnasts' level placements are determined by our coaching staff, who consider a combination of skill level, attitude, attendance, meet participation, and overall safety when assigning levels.

Communication: BAND & iClassPro: We use two apps to keep our team connected and informed: BAND and iClassPro. Both are available for download on your smartphone. When searching in your app store, look for: "***BAND - App for all groups***" and "***The iClassPro App***". Staying connected through these platforms helps ensure smooth and efficient communication for all families! Please use these apps for the following items:

- Ask questions
- Communicate with coaches and staff
- Report absences
- Access important updates and information

Weather & Closure Policy - Fantastic Gymnastics At Fantastic Gymnastics, we prioritize safety while also doing our best to maintain consistency for our athletes and families. We operate in two locations — Adams, NE and Beatrice, NE — and follow local public school systems for weather-related closures only:

- **Beatrice Location:** Follows **Beatrice Public Schools** weather closures.
- **Adams Location:** Follows **Freeman Public Schools** weather closures.

We serve families from many surrounding communities, so please note: If your child's school is closed but the weather is safe in Adams or Beatrice — and our coaches can travel safely — we will still hold class unless our location's designated school has issued a weather closure.

For holiday and planned closures, please refer to:

- Our monthly newsletters
- The iClassPro App under your location's calendar

Keep in mind: School breaks or scheduled days off (like teacher workdays) at Freeman or Beatrice do not automatically mean class is canceled. We only cancel due to weather based on the policies outlined above.

Expectations: To ensure a safe, positive, and productive training environment, all athletes are expected to follow these important guidelines:

- **Leotard Attire:**
Leotards are required for all practices. Athletes may wear tight-fitting shorts over their leotard if desired. No baggy shirts or shorts are allowed in the gym.
- **Designated Practice Leotard:**
Please wear your designated team leotard to your second practice of each week.
- **Hair:**
Hair must be pulled back securely in a ponytail or bun to keep it out of the way during training.
- **Be On Time & Ready to Go:**
Please arrive a few minutes early, fully dressed and prepared to start at your scheduled class time. Changing clothes, fixing hair, using the restroom, or getting drinks should be done **before** practice begins.
- **Behavior:**
No running, roughhousing, or distracting behavior is allowed in the gym. Stay focused and safe.
- **Respect:**
Always show respect for your coaches, teammates, equipment, and the facility.
- **Effort & Attitude:**
Bring your best effort and a positive mindset every time you step into the gym. Growth happens when you give it your all.

Scoring: Each meet may run a little differently, but in general, gymnasts compete against others in their same level and age group. Age group placement is based on the gymnast's age on the day of the meet.

For example: If a gymnast is 11 years old on the day of the competition meet, she will compete in the 11-year-old division—even if she turns 12 the following day. If her birthday is on Friday and the next meet is on Saturday, she would then compete in the 12-year-old division at that meet.

Competition Leotard: Competition leotards are worn for **two seasons**, and new designs will be ordered after that cycle. The next new leotard will be introduced for the **2026-2027 season**. This means we will be ordering new Competition Leotards this year.

Practice Leotard: New Practice Leotards are ordered each year. This ensures all new gymnasts will have a leotard, and returning gymnasts will have a back up leotard for all practices. Please make sure the **NEW** practice leotards are worn at the 2nd practice of each week.

Warm-up jackets are worn for **four seasons**, with the next new jacket to be ordered for the **2028-2029 season**.

Please be mindful when sizing your child for both the leotard and jacket. It's important that uniforms look **clean, fitted, and professional** for the competition season, while still allowing room to grow. If your athlete needs a larger size due to growth, you may order a new size in the following year.

Warm-Up Bottoms:

Warm-up bottoms are **navy leggings** and are **required** for all competitive team members. Families **must purchase these on their own**. Please select leggings that are clean, fitted, and appropriate for team representation.

Deadline: All athletes **must have their navy leggings by October 1st** to ensure they are ready for professional pictures and the exhibition meet.

Meets We kick off the season with an **Exhibition Meet**, where your child can perform their routines for family and friends. This is a fun, low-pressure way to gain experience and confidence before competing at other gyms.

Most competitions are held in **eastern Nebraska** and take place between **January and April**. Meets are typically scheduled on **Saturdays and Sundays**, with occasional **Friday sessions**.

We will be hosting **1-2 home meets** this year — during our **6th Annual Fantastic Gymnastics season** this January-April! More information on this will be provided at a later date.

Meet registration fees are included in your monthly payments.

Please note: We unfortunately do not receive meet schedules/times until **1-2 weeks prior** to each event, as they are determined by the host gym based on registration numbers. We understand how important scheduling is for families. We will share the schedule and session details as soon as they become available.

IMPORTANT DATES-

August 3rd- Mandatory Parents meeting/Uniform fitting (Adams Location)

August 4- Competition Practices Begin

September 7th- CLOSED for Labor Day

Professional Pictures- Sunday, October 11th

November 25-30th- CLOSED for Thanksgiving

December 22-January 3- CLOSED for Winter Break

Exhibition Meet Tentatively January 10th

Christmas Party TBD

May 14th - Last Day of Practice

Additional Information & Volunteer Requirements

- **Fundraising Opportunities:**

We offer fundraising options throughout the season to help offset costs. If you have ideas or would like to help organize a fundraiser, please reach out to Timary — we love parent involvement!

- **Home Meet Volunteer Requirement:**

As part of the Fantastic Gymnastics Competition Team, each family is **required to work two volunteer shifts per competitive gymnast** at one of our **Home Meets**, typically held between **January and April**.

Volunteer shifts that will be available:

- Admissions
 - Concessions
 - Table help (score entry/music/awards)
 - Cotton Candy & Baked Goods Table
- These workstations are a required part of being on the team, as they help ensure the success of our home event and keep meet costs down for everyone.
IMPORTANT: If a required shift is not fulfilled, a **\$50 fee per missed session** will be charged to your gymnast's account.
Additional volunteer sessions are welcome and appreciated!

Billing & Tuition Information At Fantastic Gymnastics, our classes follow a 4-week session structure and are billed monthly. While most months include four weeks of classes, we occasionally take a few days off in months with five weeks to maintain consistency across the year.

- **Competition Team Tuition:** Due on the **1st of each month.**
- All payments will be automatically processed using the **payment method on file.**
- A **4% processing fee** applies to all **credit/debit card transactions.**
- There is **no processing fee** for **eCheck (ACH) payments.**

For months such as **December**, when athletes may not receive a full 4 weeks of classes due to scheduled holiday closures, **tuition will be prorated** accordingly — ensuring you're only paying for the classes your gymnast is able to attend.

Early Pay Discount:

Pay your full tuition by August 1st and receive a 10% discount on tuition!

If you have any questions about billing, prorating, or payment methods, feel free to contact our office — we're happy to help!

Meet fees are included in the monthly payments.

*Pricing is based off last year's purchases and new quotes. Pricing is subject to increase or decrease depending on orders.

December 20th is the last day to let Timary know via email if your child will not be attending any of the gymnastics meets. After December 20th you will not be refunded meet fees even if your child does not attend that meet. Meet fees are included in the monthly payments.

If you are interested in providing your child with an additional competitive opportunity beyond AmeriKids, participation in USA Gymnastics may also be an option. If you would like to explore the possibility of your child participating in both programs, please reach out to Timary for more information.

Fantastic Gymnastics 2026-2027 Competition Team Payment Information

Monthly Team Payment Breakdown (2026-2027 Season)

Month	Level 1	Level 2-3	Level 4+ Optional Levels
July 15th	\$95	\$95	\$95
August 1st	\$270	\$288	\$288
August 15th (if items are needed)	\$429	\$429	\$429
September 1st	\$270	\$288	\$288
October 1st	\$270	\$288	\$288
November 1st	\$270	\$288	\$288
December 1st	\$270	\$288	\$288
January 1st	\$270	\$288	\$288
February 1- May 1st	\$126	\$144	\$144

What's Included in Your Team Fees

Each payment is carefully structured to cover different portions of your gymnast's competition season, including tuition, meet fees, coaches' expenses, spirit gifts, and miscellaneous team costs. This is why the amount is not the same for every month.

July 15th Payment:

Annual Registration Fee and Practice Leotard

August through January Payments:

Includes monthly tuition, Amerikids Fees/Insurance, Spirit Gift Fee, T-Shirt, meet entry fees, coaches' meet fees and travel expenses, routine music licensing/editing (if applicable), coaching education and certifications, and miscellaneous team expenses.

August 15th Payment:

Competition Leotard & Warm Up

February through May Payments:

Covers tuition only.

Additional Items need or add on items

Item	Cost	Charge Timing
Competition Leotard	\$174	Charged on August 15th
Warm Up	\$160	Charged on August 15th- If needed
Backpacks	\$55-95	Charged in August 15- If needed
Grips	\$87	As needed
3rd Practice Day	\$50.00/Month	Monthly
Practice Leotard	\$60	Charged on July 15th

Payment options are available - Communicate with the office to set up a payment plan.

Competition MEET Expectations for Fantastic Gymnastics Families

As we prepare to kick off another exciting competition season, we want to ensure all families feel confident and informed heading into each meet—especially those experiencing their very first one! Please review the following expectations and guidelines carefully so everyone is set up for success.

Arrival Expectations

- **Arrival Time:** Arrive at the venue according to schedule and time your athlete is set to compete.
- **Warm-Up Time:** Athletes should find their coach and begin warm-up at the designated time.
- **Early Arrivals:** Athletes are welcome to arrive early to get settled and ready, but:
 - They must stay with a parent/guardian until warm-up begins.
 - Coaches may be finishing a previous session and using this time to rest, refuel, or reset.
 - Coaches will wave athletes over to the team area approximately 5 minutes before warm-up begins.
- **Plan Ahead:** Allow extra time for parking, entry lines, or large venues that may take time to navigate.

Athlete Readiness

All athletes should arrive meet-ready:

- **Uniform:** Competition leotard worn under their warm-up jacket and pants.
- **Hair:** Hair must be pulled back neatly and securely. Check with your coach if you're unsure about hairstyle guidelines.
- **Bare Feet:** No socks or shoes required during competition.
- **Jewelry:** All jewelry must be removed before the meet begins.
- **Fully Ready Upon Arrival:** Athletes should arrive dressed, with hair done and ready to go.

Communication & Updates

- **Band App:** This is our primary method for sharing important updates, meeting spots, and last-minute changes. Be sure you've joined your athlete's team group and turned on notifications.
- All meet day communication (including running late, questions, sickness, or other absences) should be sent through the BAND app.

Cheering & Support

- Athletes are encouraged to support their teammates by arriving early or staying late to cheer.
- Families are welcome to cheer from the stands—positive encouragement only, please!

Supervision & Behavior

- **Athletes Not Competing:** Must sit with a parent or guardian. Children may not be left unsupervised or allowed to run/play on equipment.
- **Respectful Sportsmanship:** Cheer for teammates and athletes from other teams. Show grace in both victory and defeat.

Gymnastics is a judged sport—results may not always reflect effort or expectations. Our message to athletes is always about growth, effort, and improvement over time.

After the Competition

- Some athletes may feel proud; others may feel disappointed. This is normal. Coaches will guide each athlete with encouragement and goals for next time.
- Our job is to build confidence, resilience and strong character through this sport.

Awards Session

- **Attire:** Athletes should wear full uniform or warm-up during awards.
- **Timing:** Refer to the meet email for details, or listen for announcements.
- Coaches are not always able to stay at awards. Once the award session is over you may take your athlete.

Social Media & Conduct

- **Share Positivity:** We love when families share their gym pride online—tag Fantastic Gymnastics and keep it upbeat!
- **Questions or Concerns:** Please bring any issues directly to the coaches. Never approach officials, judges, or staff. Coaches will handle any concerns professionally.



“SAMPLE” 2026 COMPETITION SCHEDULE

January 4th Exhibition meet at Fantastic Gymnastics (Adams)

January 10-11 Chalk It Up @ Lincoln, NE

January 24-25 Blizzard Bash @ Norfolk, NE

February 7 Corning Invite @ Corning, IA

February 14-15 Sweetheart Invite @ York, NE

February 21-22 Chill Out Invite @ Columbus, NE

February 28/March 1 XtraORDinary Invite @ Ord, NE

March 13-15 Winter Wonderland @ Beatrice, NE

March 28-29 Solid Rock Invite @ Lincoln, NE

April 10-12 Cotton Candy Invite @ Adams, NE

April 25-26 Possible State Meet Date @TBD

Fantastic Gymnastics, LLC
(Including 4Ever Fit Fitness and Performance & 4Ever Dance)
Acknowledgment, Authorization, and Release of Liability

If the participant is under 18 years of age, this agreement must be signed by a parent or legal guardian.

I, the undersigned participant or parent/legal guardian ("I"), give consent for myself/my child to participate in classes, training, events, and activities provided by Fantastic Gymnastics, LLC and its affiliated entities ("Fantastic Gymnastics").

Assumption of Risk

I understand that participation in gymnastics, cheerleading, tumbling, stunting, trampoline, dance, and fitness activities involves inherent risks, including but not limited to serious injury, permanent disability, or death. I voluntarily assume all risks, known or unknown, including those arising from the negligence of Fantastic Gymnastics. I acknowledge these risks may occur at the facility, off-site locations, or during travel.

Medical Authorization

I certify that I/my child am/is physically able to participate and will disclose any medical conditions, injuries, or limitations. In the event of an emergency, I authorize Fantastic Gymnastics to obtain medical treatment as deemed necessary. I understand that all medical expenses are my responsibility and that any insurance carried by Fantastic Gymnastics is secondary to my own.

Release of Liability & Indemnification

I release, waive, and agree not to sue Fantastic Gymnastics, LLC, its owners, officers, employees, and agents from any and all claims arising out of participation, including but not limited to negligence, supervision, premises, or equipment-related injuries. I agree to indemnify and hold harmless Fantastic Gymnastics from any such claims brought on behalf of myself or my child.

Policies & Conduct

I agree to follow all rules and policies set by Fantastic Gymnastics. I understand that unsafe, disruptive, or inappropriate behavior by a participant or parent/guardian may result in removal from activities without refund. I understand that tuition, fees, and charges are non-refundable except as outlined in gym policies, and missed classes do not guarantee make-ups or credits.

Supervision & Responsibility

I understand that Fantastic Gymnastics is only responsible for participants during scheduled class times. I am responsible for timely drop-off and pick-up.

Communicable Diseases

I acknowledge the risk of exposure to communicable diseases, including but not limited to COVID-19 and influenza, and agree not to hold Fantastic Gymnastics liable for any illness or related complications.

Media Release

I grant permission for myself/my child's name, image, likeness, and voice to be used in promotional materials, including social media and advertising, without compensation.

Legal

This agreement shall be governed by the laws of the State of Nebraska. If any portion is found invalid, the remaining provisions shall remain in full force and effect. I understand that I am waiving substantial legal rights, including the right to sue, and I agree voluntarily. Typing my name below constitutes a legally binding signature.

Participant Name: _____ **Date of Birth:** _____

Parent/Guardian Name (if under 18): _____

Signature (Participant or Parent/Guardian): _____ **Date:** _____

Emergency Contact Name & Phone: _____ **Relationship:** _____

Staff Witness: _____

Athlete Information Form

Please complete the following information for your child(ren). This helps us prepare for team gifts, events, and surprises throughout the year!

Athlete's Name: _____

T-Shirt Size: _____

Sweatshirt Size: _____

Shoe Size: _____

Favorite Color: _____

Favorite Food: _____

Favorite Pizza Topping: _____

Favorite Candy: _____

* If you are filling this out for multiple athletes, please complete one form per child.

Letter of Intent to Pay and Acknowledgment of Team Policies

In the case that my child, _____, does or does not continue gymnastics for any reason after making the team, I, _____, accept all financial responsibility for the cost of items ordered that cannot be returned or refunded.

I understand that a **30-day written notice** is required if I choose to withdraw my child from any practices or discontinue participation in the program. I acknowledge that I am still financially responsible for any non-refundable items, regardless of my child's continued participation.

By signing below, I also acknowledge that I have read and understand the full team packet, including all expectations, guidelines, and policies for the upcoming season. I agree to follow and support these expectations throughout the year.

Parent Signature: _____

Date: _____