



COMPETITION INFORMATION 2023-2024

****Skill Evaluation/class placements will take place August 1-4th. Practice times will be announced Friday August 5th before 8PM.**

Competitive Teams are available to a select group of kids ages five and over who have shown a high level of skill proficiency and potential as well as a desire to show off their talents in a competitive environment.

The Competition Team consists of athletes who have a LOVE for gymnastics and want to work to improve and perfect their skills.

Practices: (Tentative) *below schedule structure and class times/length may change slightly

Practices days and times September-April will be announced August 5th by 8:00PM

AK Level 1 practices 2 hrs 1x per week (Mondays)

AK Level 2-3 practices 2 hrs 2x per week

AK Level 4-AO practices 2.5 hrs 2x per week

USAG 2.5 hrs 3x per week

USAG 2.5 hrs 4x per week

AK+1 3hr USAG Practice

If you are not going to be at practice, please let a coach know ASAP.

Attendance is required the week prior to each meet.

Practice Times may Change in January Depending on Schedules.

Practice days Monday-Thursday 3:45-9pm Friday 4-8 Saturday-Sunday TBD

Expectations:

- Wear your practice leotard to practice.
- Leotards are required attire for practice. You may wear tight shorts with your leotard. No baggy shirts/shorts.
- Hair pulled back in a ponytail or bun that will not get in the way during practice.
- No running and messing around during practice.
- Be respectful to others.
- TRY YOUR BEST!

*Fundraising opportunities are available. If any parent has ideas or would like to help with fundraisers, please let Timary know!

*Competition parents will be asked to work shifts (concessions, gate, tables, ect) at our Home Gymnastics Meet in March-April. 2 sessions per competitive gymnast on team is required. Additional sessions may be worked! *\$50 per required session will be charged to gymnast account if the session is NOT worked.

*Gymnasts level placements are decided by coaches. *Coaches take skill level, attitude, attendance in class, participation in meets, and safety into consideration when placing gymnasts in levels!

Scoring: Each meet is run a little differently. The girls will be competing against other girls their age in the same level.

Cost:

*Pricing is based off last years purchases and new quotes. Pricing is subject to increase or decrease depending on orders.

All fees will be taken out on the 1-5th of each month via customer portal. Credit card fees may apply.

Meet fees are included in the monthly payments.

January 2nd is the last day to let Timary know via email if your child will not be attending any of the gymnastics meets. After January 2nd you will not be refunded meet fees even if your child does not attend that meet.

Meet fees are included in the monthly payments.

1 Practice leotard is required for competitive practices. Additional leotards may be purchased Warm ups and backpacks will be the same a previous year. **If you need a new warm up piece this will be on in SEPTEMBER payment. You must notify us to let us know what you need BEFORE September 1.** We will be ordering new COMPETITION LEOTARDS this year!! **These will be fitted in September and paid in your OCTOBER payment.**

Meets:

We host an exhibition meet the end of January where your daughter/son can show off their routines to family and friends. This is great practice before we compete at other gyms. Gymnasts can compete at multiple meets throughout the season. All Team athletes **must** compete at a minimum of 3 meets throughout the year. Most of the meets are located in eastern Nebraska. They run from January-April/May. Most meets are on Saturdays and Sundays. Fantastic Gymnastics will be hosting our annual meet at FHS in March or April! We will not know the time your daughter/son will compete until 1-2 week before the meet.

IMPORTANT DATES-

September 4th- CLOSED for Labor Day

September 5th - Competition Practices Begin

November 22-26th- CLOSED for Thanksgiving

December 22-January 1st- CLOSED for Winter Break

BREAKDOWN OF PAYMENTS

AmeriKids 2023-2024 GIRLS AND BOYS COMPETITION TEAM

	AUGUST 1-5	SEPTEMBER 5 TH	OCTOBER 5 TH	NOVEMBER 5 TH	DECEMBER 5 TH	JANUARY 5 TH	FEBRUAR Y-APRIL 5 TH
WHAT YOU'RE PAYING FOR	Evaluation AmeriKids Fees Annual Registration Fee T-Shirt Spirit gift fee	Team fee payment 1 (Tuition, Meet Fees, Coaches, music, education, misc. team expenses)	Team fee payment 2 (Tuition, Meet Fees, Coaches, music, education, misc. team expenses)	Team fee payment 3 (Tuition, Meet Fees, Coaches, music, education, misc. team expenses)	Team fee payment 4 (Tuition, Meet Fees, Coaches, music, education, misc. team expenses)	Team fee payment 5 (Tuition, Meet Fees, Coaches, music, education, misc. team expenses)	Tuition
LEVEL 1 & Boys	\$120	\$210 +	\$210 +	\$210 +	\$210	\$210	\$84
LEVEL 2-3		\$238 +	\$238 +	\$238 +	\$238	\$238	\$112
OPTIONAL LEVELS		\$266 +	\$266 +	\$266 +	\$266	\$266	\$140

Additional Items

*Pricing is based off last years purchases and new quotes. Pricing is subject to increase or decrease depending on orders.

Practice Leotard \$50	Grips \$87	Competition Warmup Girls \$160 Boys \$50	Competition Leo/Outfit Girls \$120-170 Boys \$50	Backpack \$50-80	NEW* 1 Hour Goals Class \$10/Month	+ Items needed will be added to September-October-November payments.
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USAG Competition Team (Invite Only)

	AUGUST 1-5	SEPTEMBER 5 TH	OCTOBER 5 TH	NOVEMBER 5 TH	DECEMBER 5 TH	JANUARY 5 TH	FEBRUARY- APRIL 5 TH		
WHAT YOU'RE PAYING FOR	Evaluation USAG FEES Annual Registration Fee T-Shirt Spirit gift fee	Team fee payment 1 (Tuition, Meet Fees, Coaches, music, education, misc. team expenses)	Team fee payment 2 (Tuition, Meet Fees, Coaches, music, education, misc. team expenses)	Team fee payment 3 (Tuition, Meet Fees, Coaches, music, education, misc. team expenses)	Team fee payment 4 (Tuition, Meet Fees, Coaches, music, education, misc. team expenses)	Team fee payment 5 (Tuition, Meet Fees, Coaches, music, education, misc. team expenses)	Tuition		
3 Days per Week	\$195						\$250		
4 Days per Week							\$300		
AK+ 1 USAG							\$245		

Additional Items

Practice Leotard \$50	Grips \$87	Competition Warmup Girls \$160 Boys \$50	Competition Leo/Outfit Girls \$220 Boys \$100	Backpack \$50-80	NEW* 1 Hour Goals Class \$10/Month	+ Items needed will be added to September-October-November payments.
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Example of the 2022



COMPETITION GYMNASTICS SCHEDULE

Jan 7 Exhibition meet at Fantastic Gymnastics

Jan 29-30 Norfolk Season Started @ Norfolk YMCA

Feb 5-6 Corning Invite @ Corning, IA

Feb 19-20 Heartland Invite @ Columbus, NE

March 12-13 Easter Bunny Invite @ Oakland, NE

March 26-27 Fantastic Gymnastics Invite @ Freeman School

April 2-3 Norfolk Spring Fling @ Norfolk YMCA

April 9-10 Solid Rock Invite @ Solid Rock in Lincoln

April 30/May 1 District Meet Location TBD

Signature sheet for 2023-2024 Gymnastics Expectations

Upon signing these expectations, Parents and gymnasts will follow all coaches/owners' guidelines set each year and expectations.

Participant Signature _____ Date _____

Parent Signature _____ Date _____

Parent Signature _____ Date _____

Letter of Intent to Pay

In the case that my child, _____, does or does not continue gymnastics for any reason after making the team, I, _____, accept all financial responsibility for the cost of items ordered that cannot be returned and refunded.

Parent signature _____

Date _____